

# Chaos and Clarity

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This notice describes how medical information about you may be used and disclosed, and how you can get access to this information. Please review it carefully.

## Our Legal Duty

Chaos and Clarity PLLC is required by law to maintain the privacy of your protected health information (PHI), to provide you with this Notice of Privacy Practices, and to notify you following a breach of unsecured PHI. We are also required to follow the terms of the notice currently in effect.

## How We May Use and Disclose Your Health Information For Treatment, Payment, and Healthcare Operations (TPO)

We may use and disclose your PHI for:

Treatment: Providing therapy, counseling, or psychiatric care; coordinating with other healthcare providers involved in your care

Payment: Billing for services, obtaining payment from insurance companies or other payers

Healthcare Operations: Quality improvement, staff training, business planning, and evaluating the effectiveness of our services

### Other Permitted Uses

As Required by Law: Court orders, mandatory reporting situations (abuse/neglect, imminent danger to self or others)

Public Health Activities: Disease reporting, vital records registration

Health Oversight: Audits and investigations by licensing boards or government agencies

Judicial/Administrative Proceedings: In response to court orders or subpoenas

Law Enforcement: Limited circumstances as required by law

Serious Threat to Safety: To prevent serious and imminent threat to yourself or others

Coroner/Medical Examiner: To identify deceased persons or determine cause of death

### Psychotherapy Notes (Special Protections)

We maintain psychotherapy notes separately from your general treatment record. These require additional protections and generally cannot be disclosed without your written authorization except in very limited circumstances (treatment, training, or legal requirements).

## Uses Requiring Your Written Authorization

We will obtain your explicit written permission before disclosing your PHI for:

Marketing purposes

Sale of any PHI

Most disclosures of psychotherapy notes

Any purpose not described in this notice

You may revoke authorization in writing at any time.